

SurgicalWeightLossCentre



The Gastric Banding (Lap-Band) and Gastric Balloon Programs

Designed to help overweight individuals lose excess weight, both the Lap-Band and Gastric Balloon weight loss procedures reduce the feeling of hunger and encourage portion control. Compared to other weight-loss surgeries such as gastric bypass surgery, the Lap-Band and Gastric Balloon procedures have a lower risk of complications and mortality. Studies also show that weight loss with both procedures is proven and sustainable – patients will rarely regain the weight they have lost.

The Lap-Band is the least invasive of weight loss surgeries where an adjustable band is placed around the upper stomach, limiting the amount of food a person can eat. Although meant to be a permanent implant, it is reversible.

The Gastric Balloon is a non-surgical procedure where a temporary aid, consisting of a soft, expandable balloon that is placed in the stomach for six months. Both allow people to control portion size and eat less while reducing the feeling of hunger.

Self-esteem, energy levels and appearance are all improved with successful weight loss.

Health and quality of life benefits of the Lap-Band Surgery

The following six major co-morbidities were either improved or resolved after implanting the Lap-Band system:

- Diabetes—up to 80% improved or resolved
- Hypertension—up to 80% improved or resolved
- High cholesterol—up to 80% improved or resolved
- Sleep Apnea—80% improved or resolved
- Liver Disease—90% improved or resolved
- Arthritis—direct relationship with weight loss

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swlc.ca

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Out-of-Province and Long-Distance Patients

Approximately one third of our patients come from outside of the province or rural parts of Canada. To ensure proper follow-up, we have developed a network of affiliate physicians and nurses in major centres across Canada who have been trained to perform Lap-Band adjustments.

At the request of the patient, we offer a free telephone consultation with one of our surgeons to discuss whether the Lap-Band or Gastric Balloon is the best weight loss option. We also help patients make all the necessary arrangements for their surgery. Prior to the procedure, patients receive a package of information and instructions regarding the pre-operative documentation and requirements.

Continued Support

Our services go beyond the procedures. At the Surgical Weight Loss Centre, we place a high priority on the nutritional and motivational aspects of sustained weight loss. Both the Gastric Banding and Gastric Balloon procedures offer personalized support programs, which focus on nutritional education, behavior modification and physical activity to help patients reach – and sustain – their weight loss goals.

Our comprehensive Programs include:

- “Free pre-operative consultation, which is always with one of our three Lap-Band surgeons
- Telephone consultations are available for long distance patients
- All procedures are performed by a certified bariatric surgeon
- Trained doctors and nurses in over 20 cities across Canada to help with post-op care and band adjustments
- 24-hour access to our surgeons for advice regarding medical concerns after a procedure
- Patient Coordinators to assist with your program and pre-procedure planning
- Ongoing follow-up with our Clinical Nurse Specialists in person, by telephone and by email
- Access to a Registered Dietitian for nutrition and eating advice
- The progress of all patients is recorded and monitored using our customized

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LapBase® database software

- Post-operative advice on nutrition, physical activity and general health
- Web-based educational seminars given by medical professionals
- Online support forum giving patients the ability to interact with hundreds of other SWLC patients
- Access to support groups across Canada
- Annual SWLC Patient Symposium, which is a full day of presentations by leading bariatric experts and inspiring speakers and a time to socialize with SWLC staff and patients Complimentary plastic surgery and/or skin rejuvenation consultation with Dr. Frank Lista

For more information on Surgical Weight Loss Centre and the programs and services offered, call (local) 905-278-8000 (toll-free) 1-888-278-7952, (email) info@SWLC.ca, or visit www.SWLC.ca.

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